



Worried about money?



Feeling lonely?



Exhausted from caring for a loved one?



You've come to the right place.

Making Older Better Since 1961

The Senior Source ensures the financial and emotional well-being of Dallas area seniors.

What Do We Do?

- Financial coaching
- Frauds & scams protection
- Career coaching & assistance
- Family caregiver support
- Guardianship services
- Volunteer opportunities
- Crisis intervention
- Nursing home & assisted living resident advocacy
- COVID-19 vaccination information

Whether you need financial guidance, nursing home or assisted living facility advice, or just a way to connect with others, we're here to assist Dallas area seniors and their families with the services, programs, tools, and resources they need to be happy and secure in their later years.



Caregiver Support Program

Your go-to nonprofit resource for information and support to guide you through your caregiving journey.

The Senior Source's Caregiver Support Program is here to help you maintain your well-being as you care for a parent, spouse or loved one.



CONTACT US TODAY

For more information contact the CSP Team
CSP@TheSeniorSource.org
or call us at 214-823-5700

We Offer Free:

Support Groups

Care
Coordination

Counseling

Referrals

Seminars

Workshops

**CALL US
TODAY!**



Elder Financial Safety Center

The Elder Financial Safety Center at The Senior Source is a safe and trusted place for older adults and their loved ones to get expert, professional, and unbiased guidance to ensure financial well-being from essential needs to helping those who have experienced financial exploitation.



CONTACT US TODAY

For more information contact the EFSC Team
EFSC@TheSeniorSource.org
or call us at 214-823-5700

We Offer No-Cost:

- Career Services
- Financial Coaching
- Technology training
- Help with State Benefits
- Money Management
- Budgeting
- Insurance
- Counseling
- Filing a Fraud Complaint
- Debt Management

CALL US TODAY!



Senior Companion Program

Some seniors wish to remain in their own homes but need help with daily living. Others are more active but desire to connect with and serve others.

The Senior Companion Program tackles both needs by matching homebound seniors who need companionship with older adult volunteers who can help.



CONTACT US TODAY

For more information contact Constance Paris
CParis@TheSeniorSource.org
call us at 214-525-6124

Become a Senior Companion Volunteer

- Must be age 55+
- Earn a monthly stipend*
- Learn new skills & meet new people
- Serve a minimum of 10 hours per week

Senior Companion Volunteers Provide

- Companionship
- Meal Preparation
- Errands
- Transportation
- Recreation
- Caregiver Respite

CALL US TODAY!

*Must meet income eligibility guidelines to receive stipend



RSVP

Formerly: Retired Senior Volunteer Program

RSVP shows you how you can apply the skills and wisdom you've acquired throughout your life to make a positive difference in the lives of others.

A part of AmeriCorps Seniors, RSVP is America's largest volunteer network for people 55 and over, with more than 300,000 volunteers tackling tough issues in communities nationwide.

You choose how and where you want to serve, how much time you want to give and whether you want to share skills you have or develop new ones.



CONTACT US TODAY

For more information contact Gretchen Feinhals
call us at **214-823-5700**

**RSVP matches
volunteers with
local and national
organizations, giving
you opportunities
such as:**

Education

Home
Improvement

Medicare Fraud
Prevention

Addressing Food
Insecurity

CALL US TODAY!



Foster Grandparent Program

If you are at least 55, can volunteer between 15-40 hours per week and want to be a part of a special child's life, please consider becoming a Foster Grandparent volunteer. Our volunteers work one-on-one with children with special needs in schools, early childhood education centers, medical settings, and shelters to help jumpstart children on a path of success.



CONTACT US TODAY

For more information contact **Jaime Leguizamo**
JLeguizamo@TheSeniorSource.org
or call us at **214-525-6126**

Benefits Include:

- Mentoring children who need some extra guidance
- Being engaged and active in your community
- Making new friends
- Earning a small tax-free stipend and other benefits, if qualified

CALL US TODAY!



Make a Difference as a Friendly Visitor!

Friendly Visitors are compassionate individuals and groups who engage in fun and meaningful activities with residents living in Dallas County long-term care facilities to build social connections and to enrich their lives.



The Senior Source provides opportunities for in-person and remote volunteer engagement. To participate, complete our online Friendly Visitor Application Form.

<https://dallas-seniors.org/FVApply>

CONTACT US TODAY

For more information contact **Marsha Evans** at **FriendlyVisitor@TheSeniorSource.org** or call us at **214-525-6131**



How You Can Help:

- Volunteer in-person* and Help with games, arts & crafts, themed parties, entertainment, and more
- Collect and donate pre-approved personal care items, recreational supplies, and pre-packaged snacks
- Create and send greeting cards & notes of encouragement
- Create arts & crafts to decorate resident rooms or surroundings
- Create short senior-friendly videos (educational, entertainment, family, hobbies, pets)

** Must follow facility COVID-19 healthcare*

CALL US TODAY!



Long-Term Care Ombudsman Program



Older adults in nursing homes and assisted living facilities should live out their later years with dignity and respect in a safe environment.

Long-term care ombudsmen help ensure that happens for the 16,000 residents living in Dallas County facilities.



CONTACT US TODAY

For more information contact **Suzanna Sulfstede**
SSulfstede@TheSeniorSource.org
or call us at **214-823-5700**

Ombudsmen Assist By:

Visiting residents and talking with them about their care.

Identifying and resolving issues, such as unanswered call buttons, roommate difficulties, staffing, food and unsanitary conditions, on behalf of residents.

Advocating for overall quality of life and care.

Protecting residents' rights and confidentiality.

Empowering residents to have a voice in their care.

CALL US TODAY!



Guardianship

Older adults who are no longer able to make decisions for themselves are at risk for abuse, neglect, or exploitation. In that situation, a court may appoint a guardian to manage a senior's affairs.

The Senior Source's Guardianship Program assists seniors and their families to preserve the health and well-being of vulnerable seniors who require guardianship.



CONTACT US TODAY

For more information contact **Meghan Hutchinson**
MHutchinson@TheSeniorSource.org
or call us at **214-525-6161**

Guardianship Services Provided:

Ensure safe decisions are made regarding each senior's health, financial situation and daily needs

Process benefits for Guardianship clients including service as representative payee and/or fiduciary

Accompany Guardianship clients to doctor's appointments and provide consent for medical procedures

Texas certified Guardianship Case Managers visit clients at least monthly and remain available for emergencies.

Serve as a resource for family members who need assistance

CALL US TODAY!